



















## Companion Planting Guide

PLANT	COMPANIONS	BENEFITS / INFO
 ASPARAGUS	Calendula Petunia Tomatoes	These companions deter asparagus beetles.
 BASIL	Peppers Tomatoes	Basil improves the growth and flavor of tomatoes and peppers. Basil flowers attract pollinators and the scent may deter pests.
 BEANS	Beets Corn Lovage Nasturtium Squash Strawberry Sunflowers	Nasturtiums keep aphids away from beans. Sunflowers can create shade and give structure for vining. Corn will benefit from the nitrogen produced by the beans & also provides a climbing surface.
 BEETS	Beans Garlic, Onions Lettuce Cauliflower Broccoli	Onions protect against borers and cutworms. Beets add minerals to the soil which benefit other plants. Beet leaves are 25% magnesium.
 BROCCOLI	Oregano Cauliflower Cabbage Brussels sprouts	Oregano is a natural insecticide. Brassicas when planted together can be covered and netted to prevent pests such as cabbageworms.

 <p>CABBAGE</p>	<p>Garlic Nasturtiums Sage</p>	<p>Nasturtiums attract and repel aphids. Garlic naturally repels insects. Sage deters cabbage moths.</p>
 <p>CARROTS</p>	<p>Chives, Leeks, Onions Peas Radishes Sage, Rosemary</p>	<p>Chives improve the flavor of carrots and deter carrot flies, aphids &amp; mites. Leeks repel carrot rust fly &amp; other insects. Sage &amp; rosemary repel carrot fly. **Do not plant near Dill or Cilantro/Corriander **</p>
 <p>CORN</p>	<p>Pole Beans Cucumbers Dill Melons, Squash Peas Sunflower Spinach</p>	<p>Dill protects against aphids and mites. Beans provide nitrogen &amp; can use corn as a vining pole. Sunflowers can act as a wind break and attract ladybugs. Spinach grows well at the base of corn, shading roots and being shaded by the stalks. Squash and melons help shade corn roots.</p>
 <p>CUCUMBER</p>	<p>Beans Borage Dill, Oregano Lettuce Nasturtiums Radish</p>	<p>Nasturtiums deter beetles and aphids and improve flavor. Borage and Dill repel pests. Radish repels cucumber beetles.</p>

 <p>LETTUCE</p>	<p>Chives, Onions Scallions Radishes Zinnias, Basil</p>	<p>Chives, Onions, Garlic deter aphids &amp; mask scent. Basil improves flavor &amp; growth. Flowers attract beneficials.</p>
 <p>ONION</p>	<p>Beets Cabbage Carrots Chard Lettuce Strawberries Tomatoes Marigolds</p>	<p>Onions protect against borers and cutworms, and their aroma disorients pests. Onions benefit from marigolds as the scent deters the onion maggot fly from laying eggs.</p>
 <p>PEAS</p>	<p>Carrots Chives Corn Grapes Lettuce Mint, Alyssum Radish Spinach Turnip</p>	<p>Chives deter aphids. Mint improves the health and flavor of peas. Alyssum attracts pollinators and beneficials.</p> <p><b>**Do not plant near onions or garlic, they will stunt pea growth**</b></p>
 <p>PEPPERS</p>	<p>Basil Onions Oregano Marjoram</p>	<p>Herbs have a protective and insecticidal quality. Flowering herbs attract pollinators.</p>
 <p>POTATOES</p>	<p>Basil, Catnip Beans, Peas Calendula Cilantro Garlic</p>	<p>Beans can improve the size of tubers. Cilantro protects against multiple pests. Calendula wards off potato beetles. Catnip repels beetles</p>

 <p>RADISH</p>	<p>Lettuce Nasturtium Peas</p>	<p>Nasturtiums are a good cover trap crop. Peas give nitrogen to the soil.</p>
 <p>PUMPKIN &amp; WINTER SQUASH</p>	<p>Beans, Corn Buckwheat Calendula Nasturtiums Marigolds Oregano</p>	<p>Nasturtiums protect against squash beetles. Calendula deters root nematodes. Oregano provides pest protection. Buckwheat attracts predator insects.</p>
 <p>SPINACH</p>	<p>Beans, Peas Cilantro Eggplant Strawberries Oregano</p>	<p>Beans and peas provide natural shade. The herbs repel insects naturally.</p>
 <p>TOMATOE</p>	<p>Asparagus Basil, Borage Calendula Dill Garlic, Onion Parsley, Thyme</p>	<p>Calendula deters pests. Asparagus repels nematodes. Basil repels whitefly, mosquitos, spider mites &amp; aphids and ATTRACTS beneficials and pollinators. Thyme and dill reduces egg-laying pests</p>
 <p>ZUCCHINI/SUMMER SQUASH</p>	<p>Oregano Nasturtiums Zinnia</p>	<p>Oregano and Zinnia attract pollinators and beneficials/. Nasturtiums protect against aphids and whiteflies.</p>